



2012 TBF Training Sign-up form

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Email: _____
Phone: _____

Annual Pass

2012 Annual Pass – good for all workouts and classes \$500 \$ _____

Workout Cards

5 session workout card \$100 \$ _____

10 session workout card \$150 \$ _____

25 session workout card \$300 \$ _____

40 session workout card \$400 \$ _____

Workout cards are good for all workouts and classes.

Trail Run Class

January 12 – March 3 \$149 \$ _____

Triathlon Classes

Tri-for-Fun Spring Class (April 16 – June 2) \$199 \$ _____

Tri-for-Fun Summer Class (June 4 – August 4) \$199 \$ _____

Golden State Triathlon Class (August 6 – October 7) \$199 \$ _____

Mountain Bike Camps

January 28 \$60 \$ _____

February 25 \$60 \$ _____

March 24 \$60 \$ _____

April 21 \$60 \$ _____

October 13 \$60 \$ _____

Road Bike Skills Clinics

April 21 \$40 \$ _____

June 9 \$40 \$ _____

August 18 \$40 \$ _____

Swim Clinics

January 28 \$40 \$ _____

February 25 \$40 \$ _____

March 31 \$40 \$ _____

May 5 \$40 \$ _____

June 16 \$40 \$ _____

August 11 \$40 \$ _____

December 1 \$40 \$ _____

Open Water Swim Class

May 7 – September 10 \$300 \$ _____

Practice Triathlons/Duathlons (circle dates) \$20 each

Wednesdays: 5/30 6/6 6/13 6/20 6/27 7/11 7/18 7/25 8/1 8/8 8/15 8/22 8/29

Saturdays: 7/28 9/29 \$ _____

Mail the completed form and payment to:

TBF Training

60 Saxony Court, Roseville, CA 95678 **(Please make checks payable to TBF Training)**